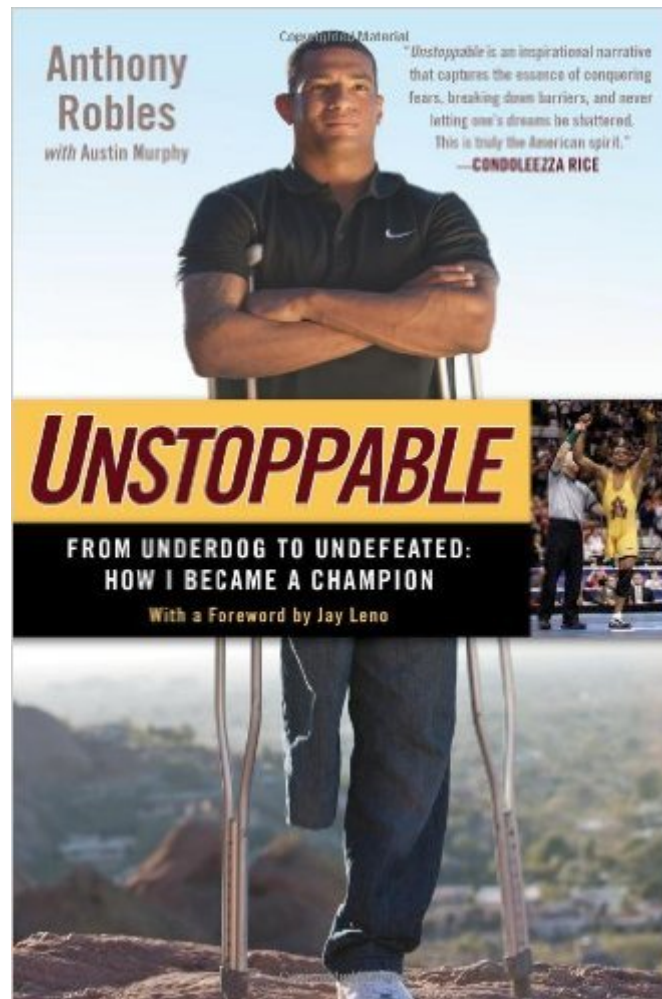


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# Unstoppable: From Underdog To Undefeated: How I Became A Champion



## Synopsis

The powerful and inspiring story of an all-American wrestler who defied the odds Anthony Robles is a three-time all-American wrestler, the 2011 NCAA National Wrestling Champion, and a Nike-sponsored athlete. He was also born without his right leg. Doctors could not explain to his mother, Judy, what led to the birth defect, but at the age of five, the one-legged toddler scaled a fifty-foot pole unassisted. From that moment on, Judy knew without a doubt that her son would be unstoppable. When Anthony first began wrestling in high school, he was the smallest kid on the team and finished the year in last place. Yet Anthony's family and coaches supported his decision to continue, and he completed his junior and senior years with a 96-0 record to become a two-time Arizona State champion. In college, Anthony had to prove all over again that he could excel. Despite hardships on and off the mat including the temptation to quit school and get a job to help his family when they lost their home to foreclosure Anthony focused his determination and became a champion once again. Since winning the national championship in March 2011, Anthony has become a nationally recognized role model to kids and adults alike. But *Unstoppable* is not just an exciting sports memoir or an inspirational tale of living with a disability. It is also the story of one man whose spirit and unyielding resolve remind us all that we have the power to conquer adversity in whatever form.

## Book Information

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## Customer Reviews

Writing book reviews was something I never really enjoyed doing when I was in school. I also

believe that was the last time I wrote a book review. Unstoppable is the first book in so many years to make me break that streak. It was a quick read, finished in one weekend, but its impact has stuck with me. This may seem like a simple story of an underdog making it big, but it's so much more. Wrestling is known as the toughest, most grueling sport on the planet. Unstoppable is the tale of a man with one leg overcoming all obstacles to conquer the sport and become the best college wrestler in the country. The title, Unstoppable, is perfect for this autobiography of a 24 year old man who was a three time NCAA D-1 All-American and NCAA National Champion. Anthony didn't start wrestling as a kid like me; he started his freshman year of high school. Also unlike me, Anthony did this with one leg. This is an inspiring journey of Anthony's HS through college wrestling career. The book gives a little family background and sets the stage for how his wrestling career began. The book also explores what it takes to do what he did, which is nothing short of amazing. As I read deeper, I kept thinking how impressive his wrestling career was: in HS he won two state titles and went undefeated his junior and senior year and he won the high school nationals. This would make a great story even if Anthony had been born with all of his limbs. The book talks about all of Anthony's struggles and how he overcame those road blocks. I was surprised, but happy that he shared intimate details about his family life that really let the reader in on what was happening behind the scenes; there is always so much more to the story.

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